

UDC 004.92

Radchuk M.

*Ternopil Ivan Pul'uj National Technical University*

## **INFLUENCE OF COMPUTER GAMES ON YOUNG PEOPLE'S BEHAVIOR**

Supervisor: Petryshyna L.

УДК 004.92

Радчук М. – ст. гр. СН-11

*Тернопільський національний технічний університет імені Івана Пулюя*

## **ВПЛИВ КОМП'ЮТЕРНИХ ІГОР НА ПОВЕДІНКУ МОЛОДИХ ЛЮДЕЙ**

Науковий керівник: ст. викл. Петришина Л.Й.

Ключові слова: пізнавальні процеси, незамінний, заняття у вільний час, жорстока поведінка.

Keywords: cognitive processes, irreplaceable, leisure activities, cruel behavior.

We are living in technological era. Computers became irreplaceable tool and a very important component in many spheres of modern everyday life of almost every person.

Playing computer games has become one of the main leisure activities in children and adolescents and replaces traditional playing and interactional activities. There might exist developmental benefits or positive effects of computer games that can be used for educational or therapeutic purposes. Certain types of video games can help to train the brain and improve strategic thinking as well as cognitive skills are analyzed by the author of the article. Both boys and girls who play video games tend to be more creative.

However, computer games can also portray violent actions, like war games, where a player has to shoot all the soldiers of enemy. Unfortunately the market of computer games consists of games that include killing, attack, aggressive actions, and cruel behavior. These factors lead to change in human psychology and mind. Gamers became more wicked, more aggressive to each other and to other people. They are more inclined to aggression, violence and even murder.

Another influence that can be detrimental to a young organism is the radiation even from the safest and modern monitors. Constant exposure to computer can cause bad eye sight and even headaches. There are also other examples of health problems caused by spending too much time seating in front of a computer screen – back pain, bad posture, and scoliosis.

Other advantages and disadvantages of playing computer games are listed by the author of the article.